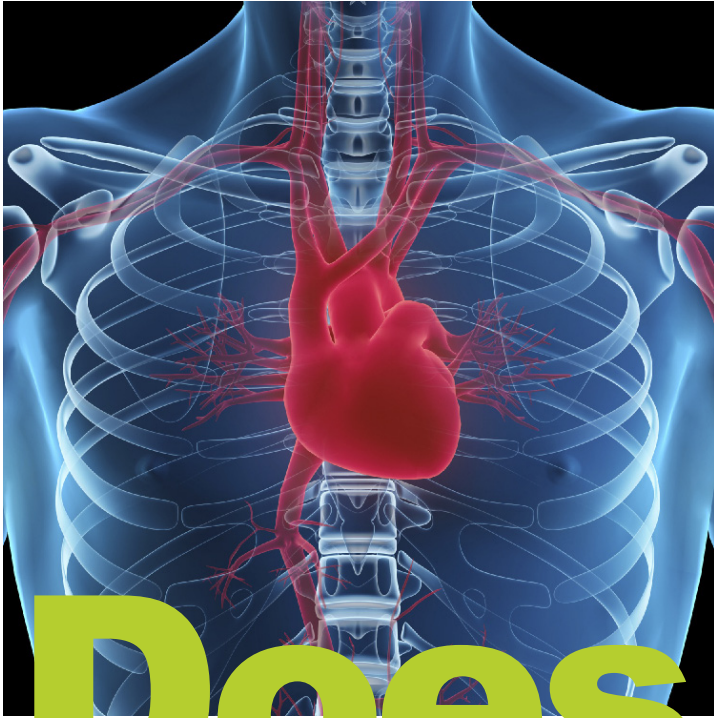




## Diabetes and Heart Disease

# Make the Link



# Does

**your clinic have the protocols to address diabetes and cardiovascular disease?**

*Protocols and other strategies can help ensure that patients with diabetes will get the CVD screening tests, education and information they need.<sup>1</sup>*

### **Examples Include:**

- Standing orders for routine tests, screenings and referrals
- Electronic registry or medical records to track diabetes patient care and CVD risk factors
- Case management of patients who need help controlling their hyperglycemia, hypertension or dyslipidemia
- Previsit assessment of CVD risk factors and self-care behaviors
- Patient support systems easily accessible (classes, support groups, nurse answer lines, etc.)
- Ongoing counseling and education for patients in managing their diabetes, changing behaviors and reducing their CVD risk
- Coordination between primary and specialty care

### **Guidelines & Improvement Tools for Your Practice:**

- Institute for Clinical Systems Improvement (ICSI): [www.icsi.org](http://www.icsi.org)
- Improving Chronic Illness Care (ICIC): [www.improvingchroniccare.org](http://www.improvingchroniccare.org)
- Institute for Healthcare Improvement (IHI): [www.ihl.org](http://www.ihl.org)

1. CDC: Guide to Community Preventive Services (a systematic review of the effectiveness of health improvement strategies) for diabetes: [www.thecommunityguide.org/diabetes/](http://www.thecommunityguide.org/diabetes/)



**Minnesota Diabetes &  
Heart Health Collaborative**

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